

Online Safety: Parent Session

January 2024

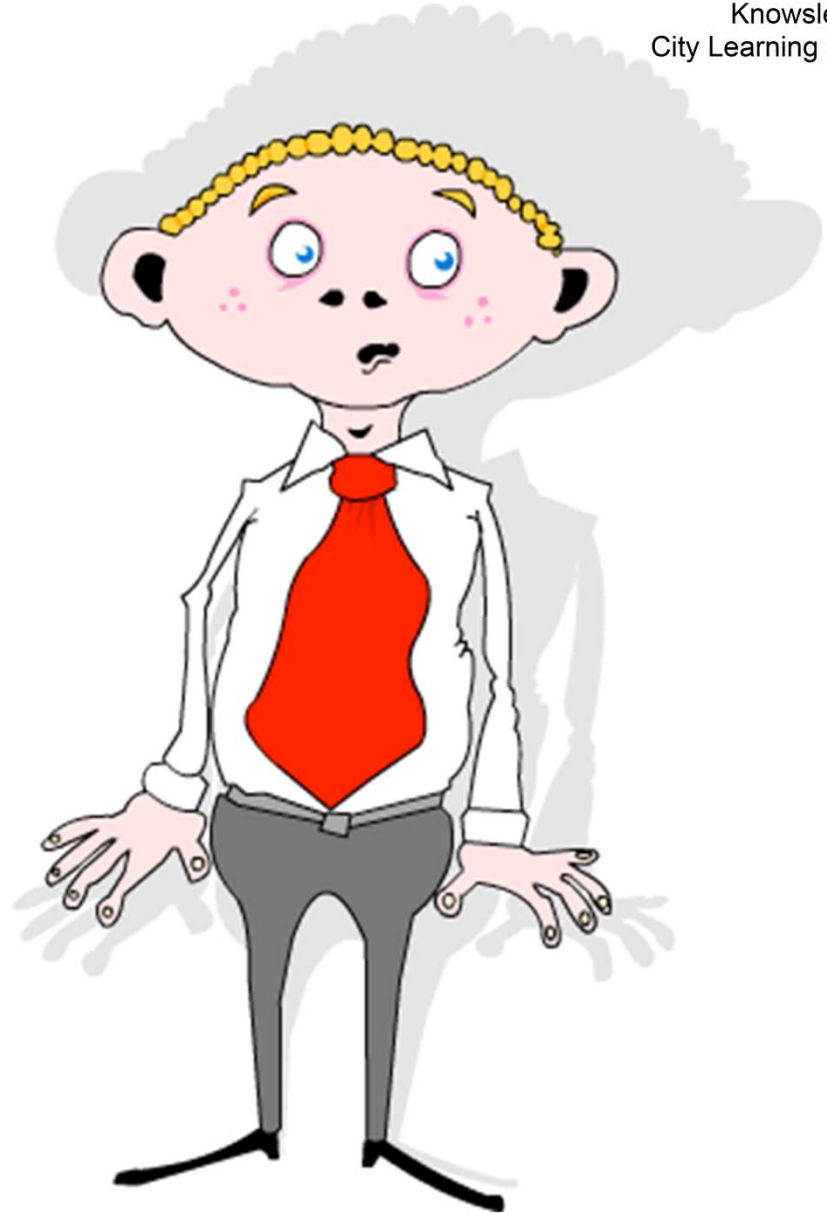
Introduction

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Knowsley
City Learning Centres

Introduction

Parliament calls for better online protection of children

Study: Most Parents Worry About Kids' Online Privacy — but Aren't Doing Anything about It

Facebook Has to Answer for Letting Minors Pay for Games

Average teenager has never met quarter of Facebook friends

How Facebook and social networking sites are used by child abuse gangs to groom victims for 'sex parties'

Online porn linked to child sex abuse

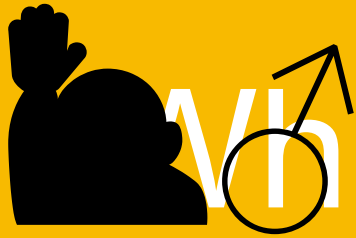
Parents worry about strangers — and advertisers — tracking kids online, says report



Using Social Media



Home learning,
home work or
research.



What are your children doing online?

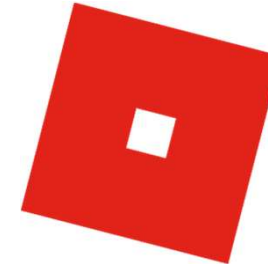
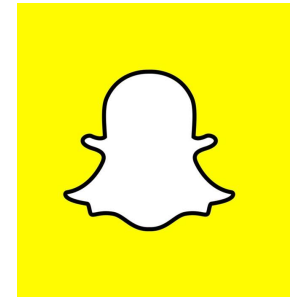


Playing Online Games



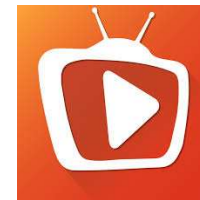
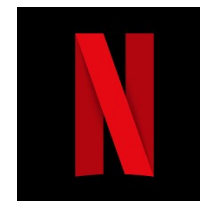
Creating or
watching video

Children's Digital Playground (6-12)



What are your children doing online?

- Watch videos on YouTube
- Play a range of online games from Roblox and Fortnite to Toca Boca mobile games
- Older children use apps such as Tik Tok to post videos online and live-stream
- Some may also be using platforms like Snapchat and Instagram although minimum age is 13
- Use educational apps to supplement learning





Roblox 12+
Join Millions of Experiences
[Roblox Corporation](#)
#2 in Adventure
★★★★★ 4.5 • 1.2M Ratings
Free · Offers In-App Purchases

Have you ever played Roblox?



PEGI 7
suitable for young
children



Piggy Roblox

ROBLOX PIGGY STORY:

In Roblox Piggy, you are a **police officer investigating the disappearance of George Pig**. When you arrive on the scene, you get knocked out by a mysterious pig and wake up in a bedroom you have never seen before. You must escape the room before you are tracked down and killed by the strange pig. 10 Jan 2022

How well do you know Roblox?

Roblox PEGI Rating Now 13+

Roblox: The children's game with a sex problem

15 February 2022



Screengrab from a Roblox 'Condo'

By James Clayton & Jasmin Dyer
BBC News

<https://www.bbc.co.uk/news/technology-60314572>



2021 *This Is What Happens In An Internet Minute*



Latest Research

3-4



17% have their own mobile phone
To go online: 39% use a mobile phone, 78% use a tablet and 10% use a laptop
89% use video sharing platforms
32% use live streaming apps/sites
50% use messaging sites/apps
21% use social media and 24% have their own social media profile
18% play games online
81% watch TV or films on any type of device other than a TV set (85% on a TV set)
47% watch live TV vs 72% who watch SVoD¹

5-7



28% have their own mobile phone
To go online: 50% use a mobile phone, 83% use a tablet and 27% use a laptop
93% use video sharing platforms
39% use live streaming apps/sites
59% use messaging sites/apps
33% use social media and 33% have their own social media profile
38% play games online
74% watch TV or films on any type of device other than a TV set (88% on a TV set)
48% watch live TV vs 77% who watch SVoD¹

8-11



60% have their own mobile phone
To go online: 71% use a mobile phone, 79% use a tablet and 55% use a laptop
95% use video sharing platforms
54% use live streaming apps/sites
84% use messaging sites/apps
64% use social media and 60% have their own social media profile
69% play games online
79% watch TV or films on any type of device other than a TV set (90% on a TV set)
51% watch live TV vs 76% who watch SVoD¹
32% have seen something worrying or nasty online 📶
32% were able to correctly identify sponsored search results 🔍

‘Tik Tots’

TikTok being used by 16% of British toddlers, Ofcom finds

Three-year-olds are on the video-sharing platform and it may be affecting their attention span



📷 TikTok's terms of service excludes under-13s. Photograph: poplasen/Getty Images/iStockphoto

British toddlers are increasingly likely to be users of **TikTok**, with a substantial number of parents saying their preschool children use the video service despite the app supposedly being restricted to those aged 13 and older.

About 16% of three- and four-year-olds view TikTok content, according to research commissioned by media regulator Ofcom. This rises to a third of all children in the five- to seven-year-old age group.

Table 1

23% of	3+4 year olds
• 30%	of 5-7 year olds
• 63%	of 8-11 year olds
• 93%	of 12-15 year olds
• 97%	of 16+17 year olds

CONTACT

Online Gaming: 8-17s

Playing games with others



55%

Played against or with someone else **they know**



25%

Played against or with someone **they don't know** outside game



In-game chat (messaging or headset)

47%

Chat to people **they know**



22%

Chat to people **they don't know** outside the game





Platforms Flagged for Severe Bullying



1. Discord



2. Snapchat



3. Instagram



4. Kik



5. Tik Tok



Others to watch for:



Twitch



Hoop



Whatsapp

917
minutes

Average time
children spend
online a week

Average time
we talk to them
about digital
safety in their
entire childhood

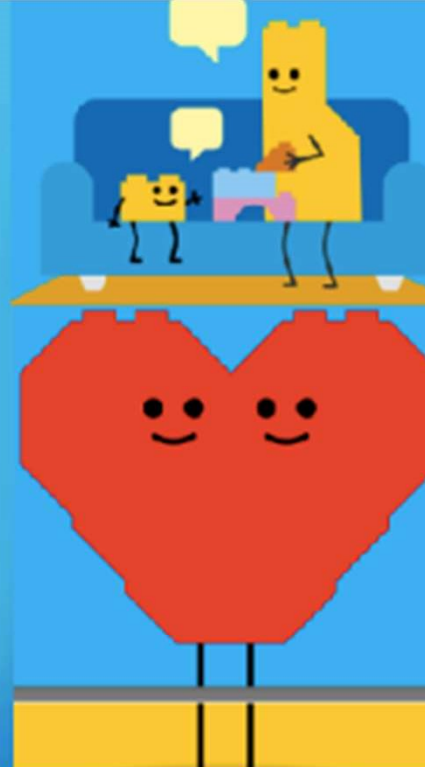
46
minutes

Rough estimate of time we
spend talking to children about:

Fire-breathing
dragons

Digital safety

Princesses



What can you do?

We don't disclose because no one will help, and many will make it worse.

Do you know the online safety rules?



You smell

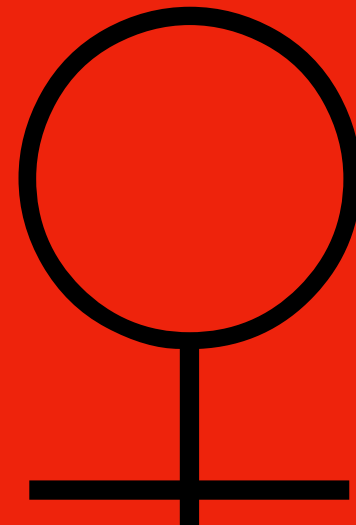
Please stop



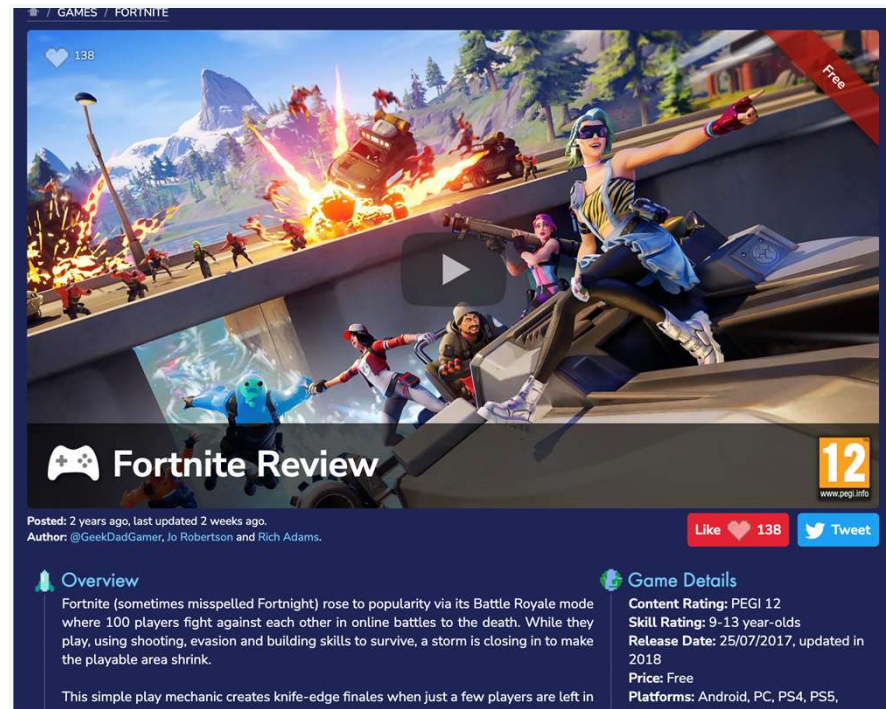
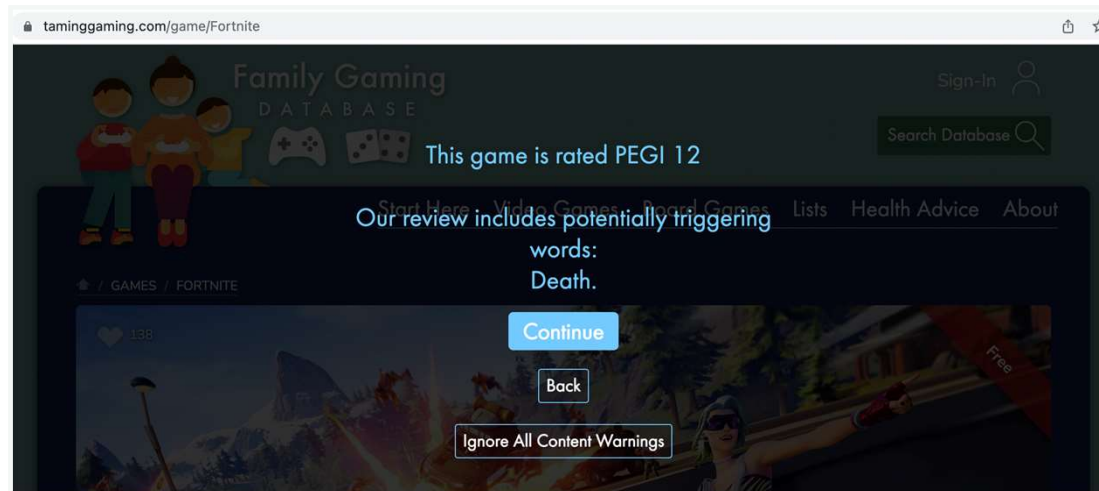
Everyone hates you

I'll tell

No one cares about you



Taming Gaming



Griefing



Irritating or angering people in video games by being mean or destructive or cheating



WHAT HAPPENED?

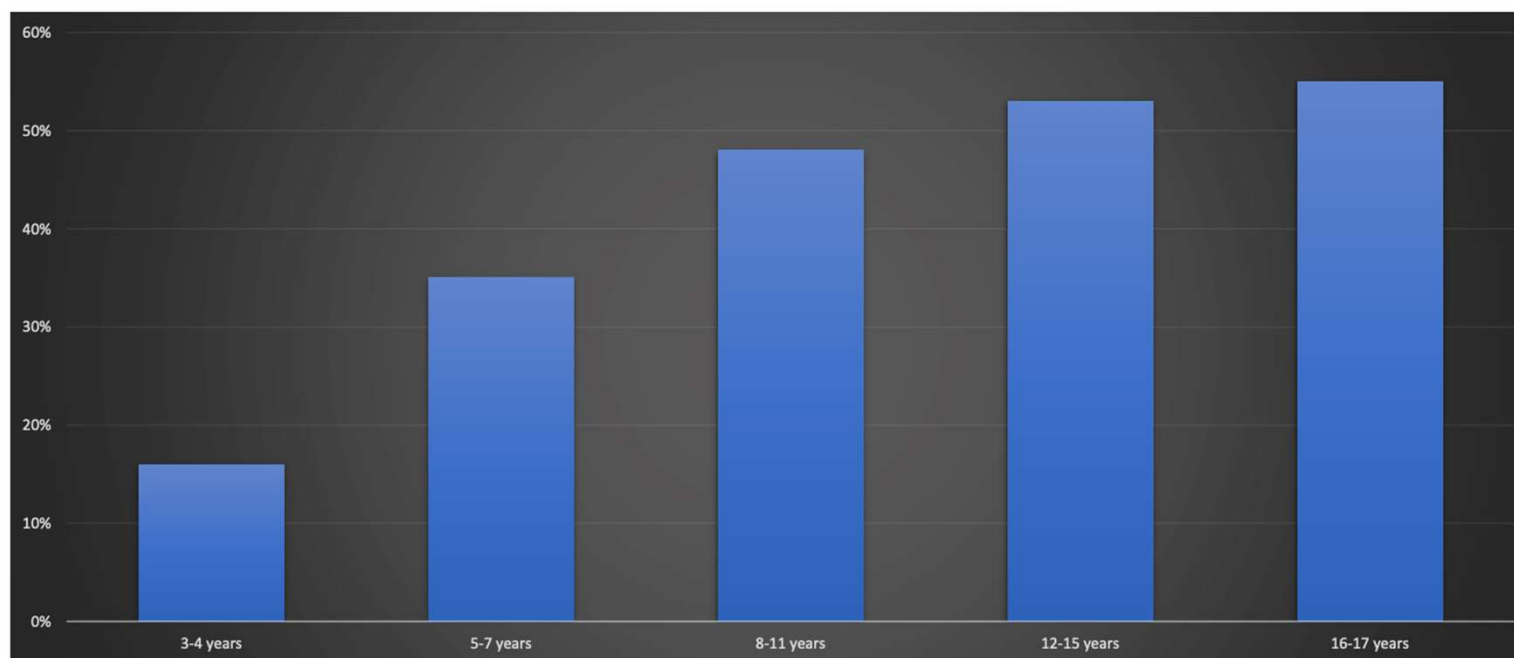
Do you know who your influencers?



What do you know about the influencers your children are interested in?

Do you know who your influencers?

Personalities or influencers from TikTok/YouTube



Do you know who your influencers?

News

'BONKERS' I run an off-licence and I'm selling TikTok craze energy drink Prime Hydration for more than champagne

Robin Perrie

Published: 22:06, 8 Nov 2022 | Updated: 22:54, 8 Nov 2022



AN off-licence is flogging a TikTok craze energy drink for more than champagne.

Owner Azar Nazir charges up to £49.99 for £2 bottles of Prime Hydration while a bottle of Moët & Chandon is £30.



Teens swarm Asda for YouTubers' £1.50 energy drink after it goes viral on TikTok (Image: TikTok)

Mirror

FOOTBALL

CELEBS

TV

MONEY

ROYALS

Teens swarm Asda for YouTubers' £1.50 energy drink after it goes viral on TikTok

Prime Hydration Drink is the creation of popular YouTubers Logan Paul and KSI and the beverage has been flying off the shelves in supermarkets across Britain in recent days

By **Shawaz Ahmad**

13:53, 19 Oct 2022



10 | BOOKMARK



Desperate teenagers are swarming supermarkets to grab a £1.50 energy drink created by two popular YouTubers.

Footage has emerged on **TikTok** showing youngsters storming into **Asda** before 10am to get their hands on the sweet beverage.

Do you know who your influencers?

Andrew Tate's banned from YouTube, TikTok, Twitter, Facebook and Instagram. What's he said that's so bad?

The brash, shaven-headed grifter targets children, teenagers and young men with toxic, misogynistic opinions

Expand



Tate has now been banned from YouTube, TikTok, Twitter, Facebook and Instagram, but his fans still post his content on all those platforms. He has also shut down his Hustlers University affiliate scheme. But he hasn't gone away, and there will be other Andrew Tates to come. Parents and guardians should talk regularly to the children and teenagers in their care about what sort of content they're viewing online and how being online makes them feel.

LATEST STORIES >

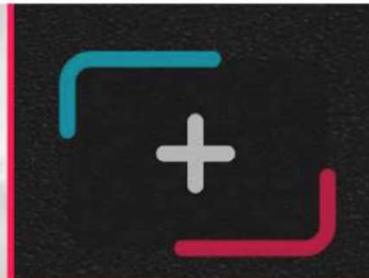
Boy (16) dies after suspected drug-related incident at Lee Festival

Rory McIlroy powers to comeback victory; Ken Early on Eddie Howe's par performance

Payments group Sumup blamed as football fans party go free at Aviva Stadium

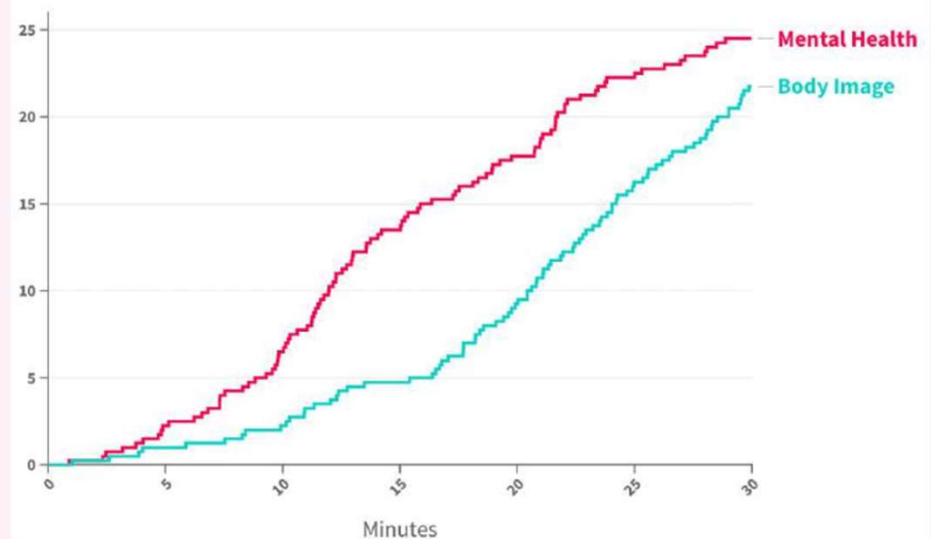
DEADLY BY DESIGN

TikTok pushes harmful content promoting eating disorders and self-harm into users' feeds.



Categories of videos served to Standard Teen Accounts

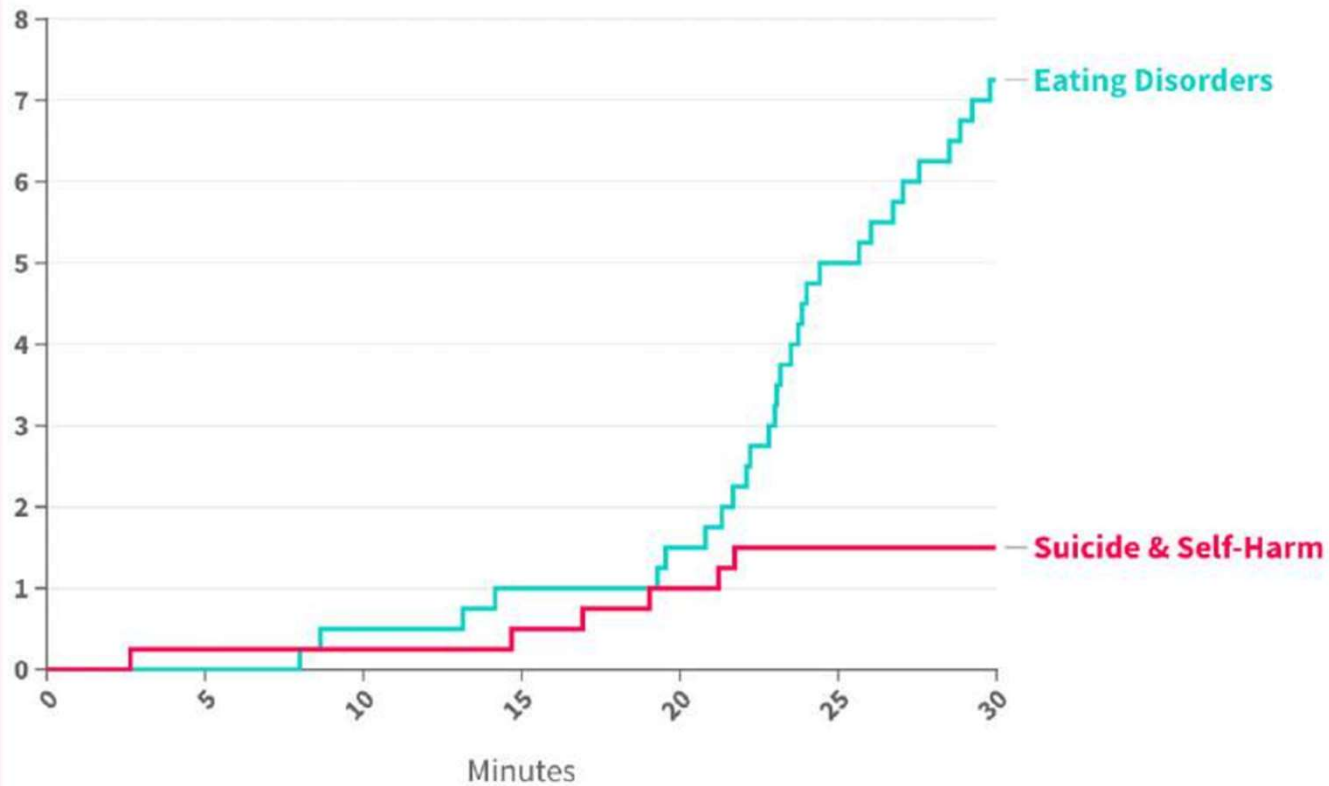
Total videos shown on average to Standard Teens



This graph displays the average number of mental health and body image videos shown to Standard Teen Accounts in the first 30 minutes of using the app

Standard Teen Accounts served up harmful content

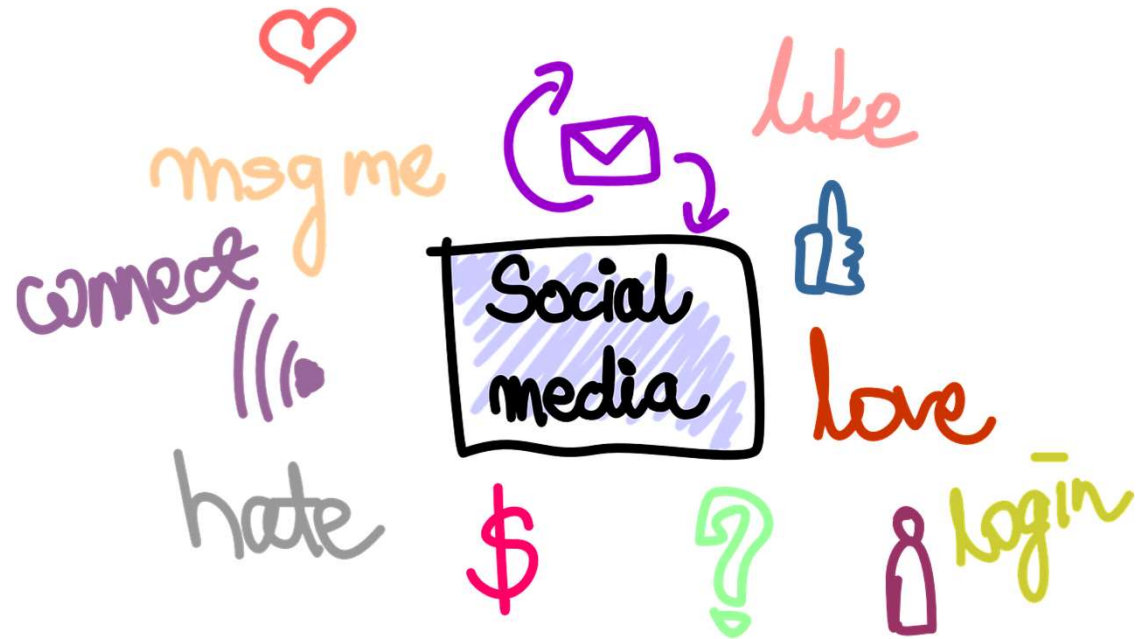
Total videos shown on average to Standard Teens



This graph displays an average of recommendations to the four Standard Teen Accounts, showing that the pace of eating disorder and self-harm recommendations increased over 30 minutes with no noticeable slowdown effects or other safeguarding measures.

Supporting your son or daughter

- Take an interest.
- Listen and don't judge.
- Engage with them.
- Use technology with them.
- Do not become a 'sharent' - lead by example.
- Talk to other parents about any issues - join social media parents groups.
- Open minded to technology.



Digital Five a Day

- Aims to provide practical steps to achieve a healthy and balanced digital diet.
- Promotes positive behaviours and mental wellbeing.



UK Chief Medical Officers' advice for parents and carers on Children and Young People's screen and social media use

Technology can be a wonderful thing but too much time sitting down or using mobile devices can get in the way of important, healthy activities. Here are some tips for balancing screen use with healthy living.

Sleep matters

Getting enough, good quality sleep is very important. Leave phones outside the bedroom when it is bedtime.



Sharing sensibly

Talk about sharing photos and information online and how photos and words are sometimes manipulated. Parents and carers should never assume that children are happy for their photos to be shared. For everyone – when in doubt, don't upload!



Education matters

Make sure you and your children are aware of, and abide by, their school's policy on screen time.



Keep moving!

Everyone should take a break after a couple of hours sitting or lying down using a screen. It's good to get up and move about a bit. #sitlessmovemore



Safety when out and about

Advise children to put their screens away while crossing the road or doing an activity that needs their full attention.



Talking helps

Talk with children about using screens and what they are watching. A change in behaviour can be a sign they are distressed – make sure they know they can always speak to you or another responsible adult if they feel uncomfortable with screen or social media use.



Family time together

Screen-free meal times are a good idea – you can enjoy face-to-face conversation, with adults giving their full attention to children.

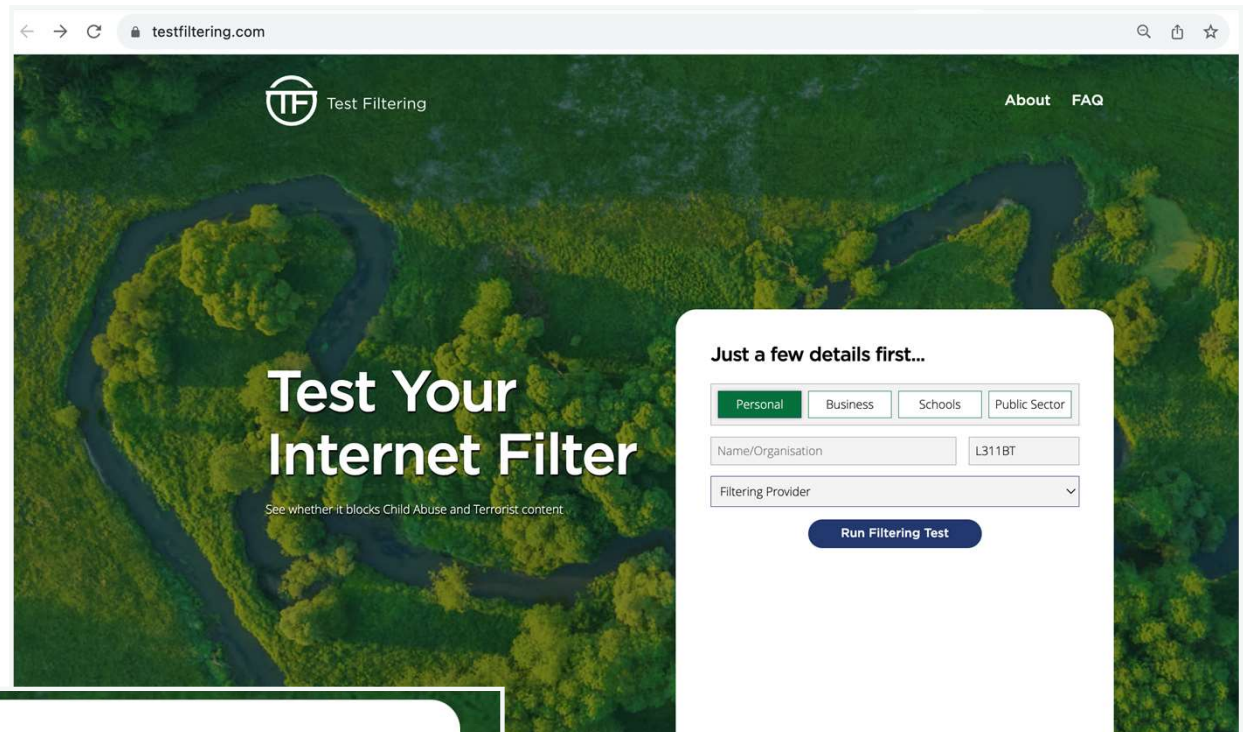


Use helpful phone features

Some devices and platforms have special features – try using these features to keep track of how much time you (and with their permission, your children) spend looking at screens or on social media.



Test your Home Filtering



The screenshot shows the homepage of testfiltering.com. The browser address bar displays 'testfiltering.com'. The page features a green background with a winding river and trees. The main heading is 'Test Your Internet Filter' with a subtext 'See whether it blocks Child Abuse and Terrorist content.' To the right, there is a form titled 'Just a few details first...'. The form includes four tabs: 'Personal' (selected), 'Business', 'Schools', and 'Public Sector'. Below the tabs are input fields for 'Name/Organisation' (containing 'L311BT') and 'Filtering Provider' (a dropdown menu). A 'Run Filtering Test' button is at the bottom of the form.

testfiltering.com

Test Filtering

About FAQ

Test Your Internet Filter

See whether it blocks Child Abuse and Terrorist content.

Just a few details first...

Personal Business Schools Public Sector

Name/Organisation L311BT

Filtering Provider

Run Filtering Test

Filter Test Results

Tests were performed at 04/10/2023 13:23

Your Connection

Type	Postcode	IP Address
Personal	L31 1BT	62.252.201.33
Network	Reputation	
NTL	Excellent	

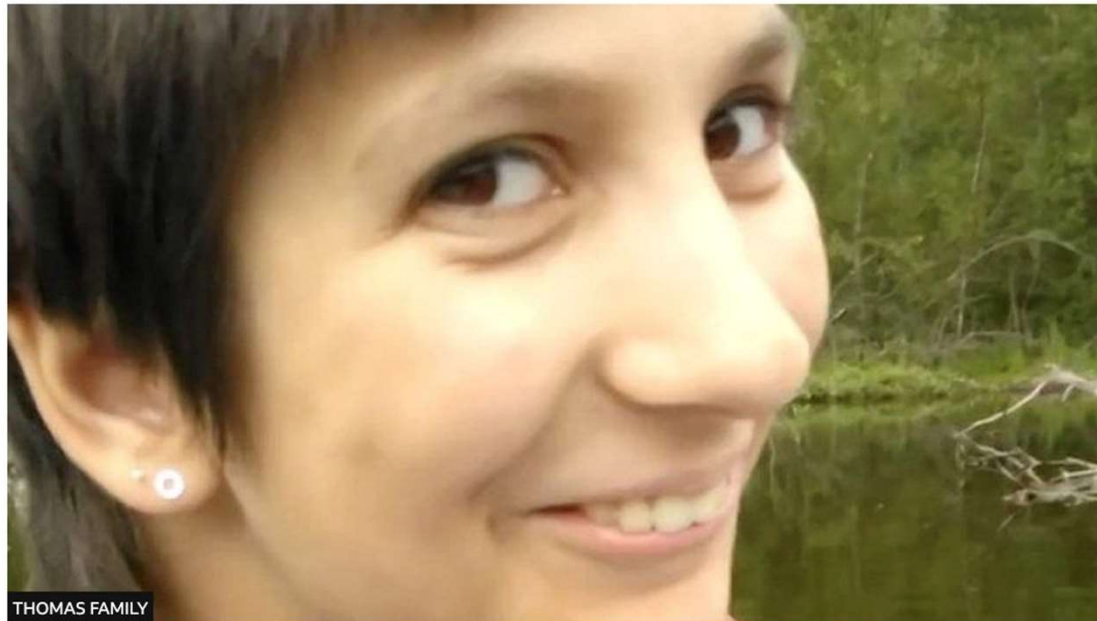
Results Overview

✓	✓
Child Sexual Abuse Content	Adult Content

<https://testfiltering.com/>

Frankie Thomas: Coroner rules school failed teen who took own life

🕒 7 October 2021



THOMAS FAMILY

| Frankie Thomas took her own life after viewing graphic content online for months

A coroner has ruled a school's failure to prevent a pupil accessing harmful material online on its equipment contributed to her taking her own life.

Frankie Thomas, 15, died at her home in Witley, Surrey, in September 2018, after viewing explicit self-harm material for several months.

An inquest heard her teachers wrongly believed internet filters were in place.

The Legends Family Adventure

Be Internet Legends.



The Legends Family Adventure

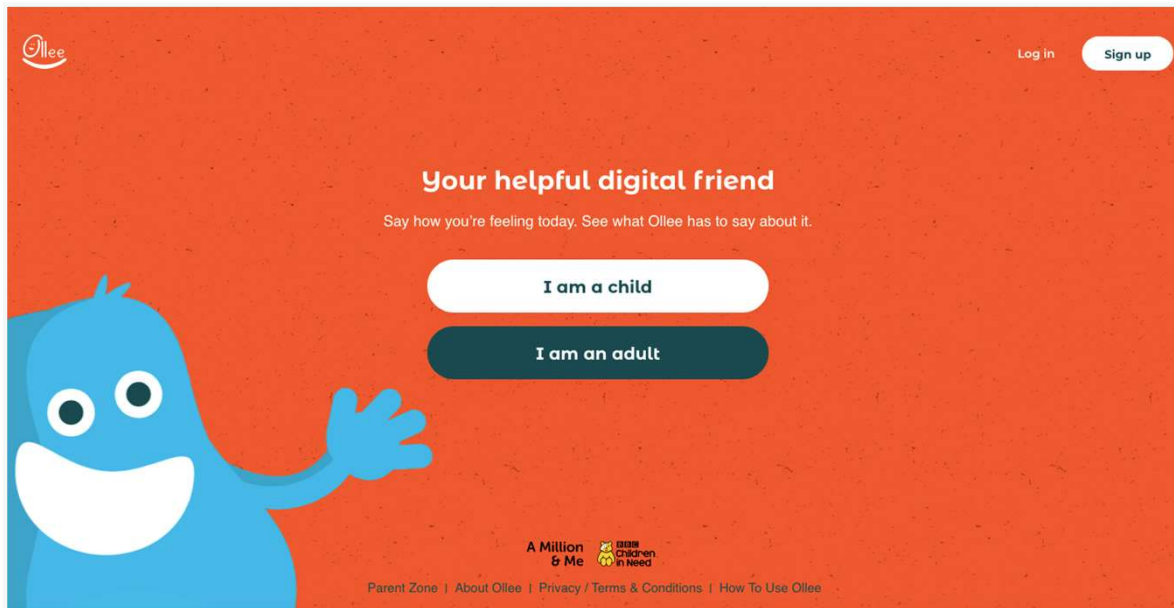
Join the Legends Family in this short, animated series as they go on a journey to Interland and learn some very important lessons about internet safety along the way.

Scroll sideways to begin!



Ask Ollee

A virtual friend who is there to help you with your wellbeing!



Tell your child that being friendly and interested in others and sharing interests is the way to form strong relationships.

Show this in your own friendships: they will see that being kind and empathetic is how to keep friendships alive.

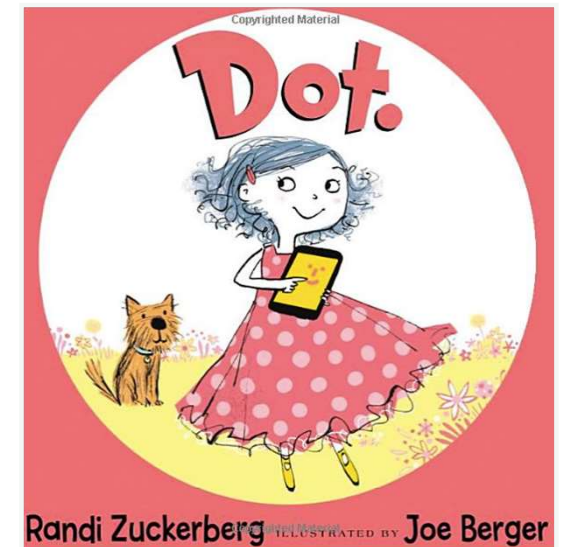
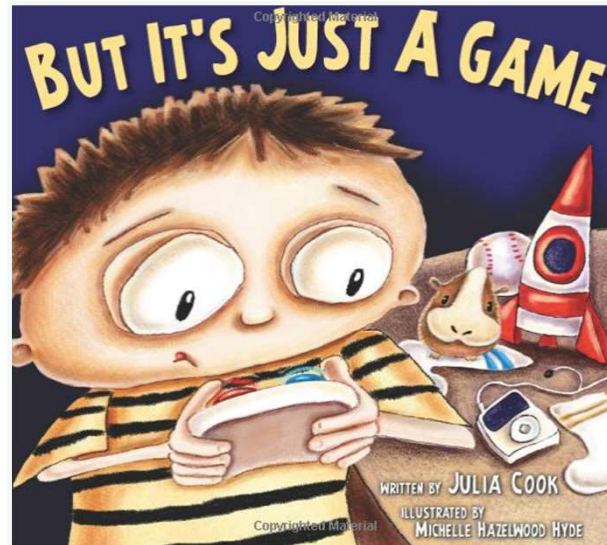
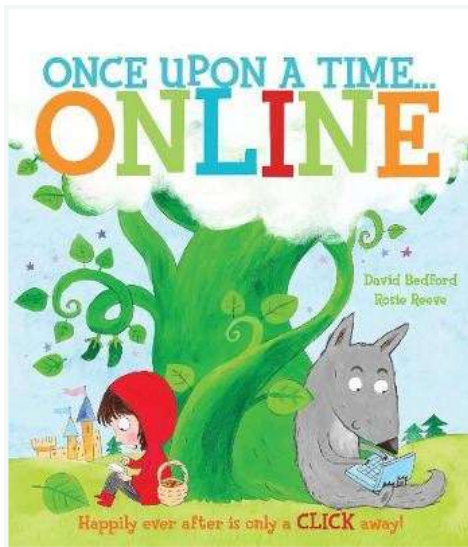


Good advice

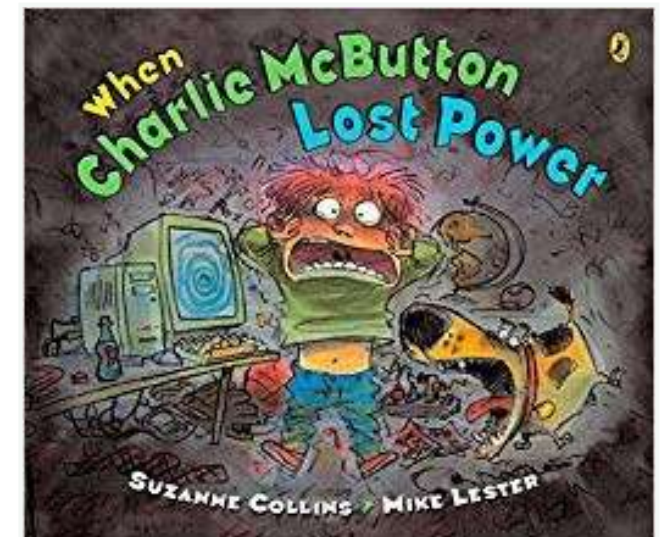
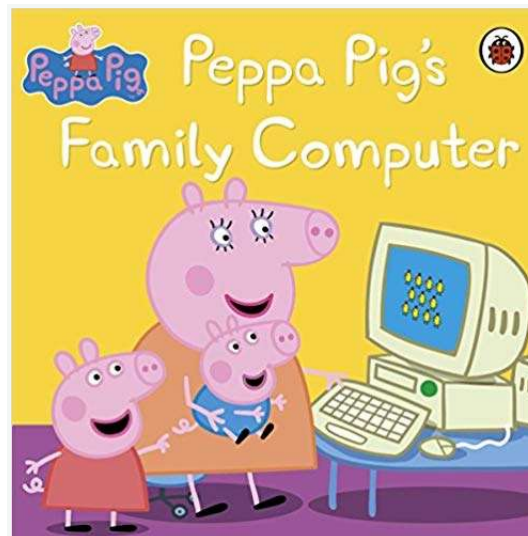
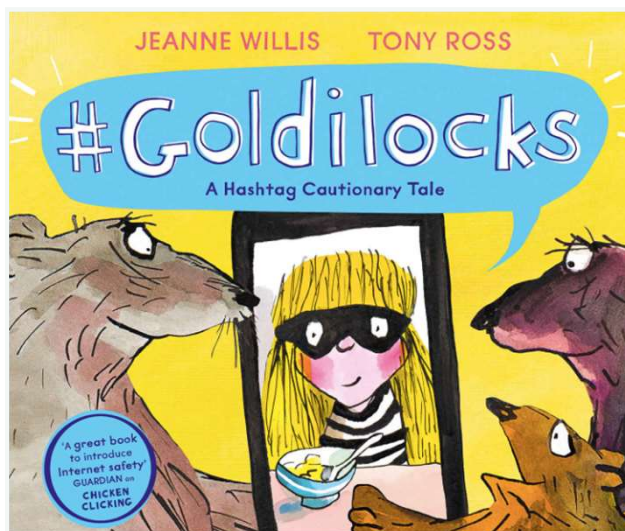


Not for me

<https://app.olliee.org.uk/#/welcome>



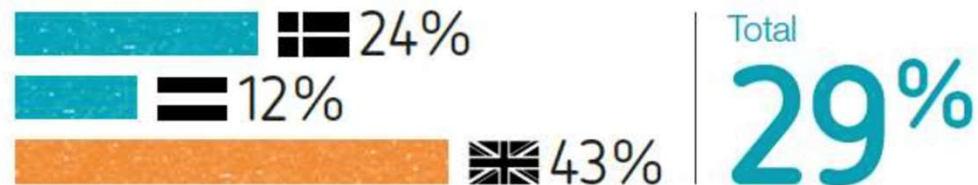
Online Safety Books



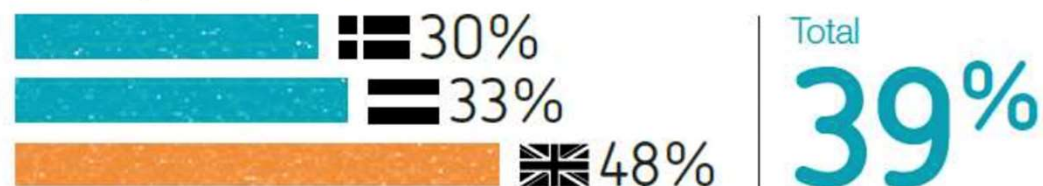
Children will make mistakes...

Create a culture where they will tell...

"I wouldn't want to be called a snitch"



"I'd worry that I was to blame"



"My parents/carers would stop me using the internet"



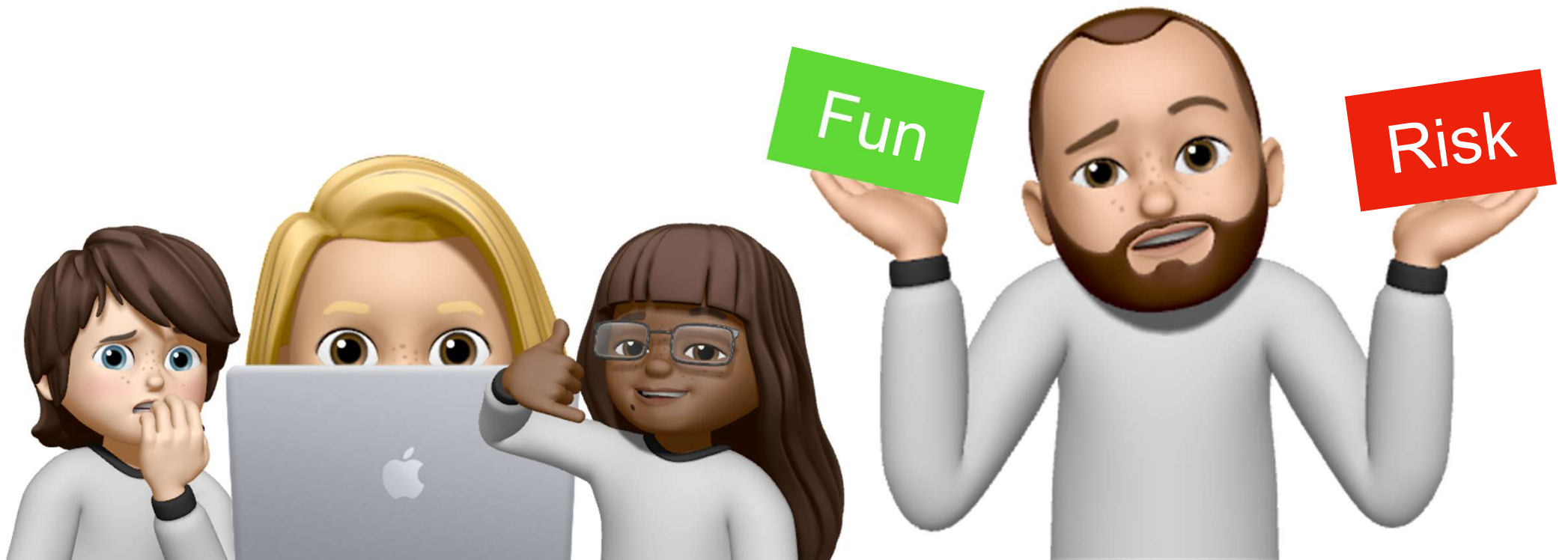
A stylized illustration of a computer monitor. The monitor has a black bezel and a light gray base. The screen is white and displays the text "Parental Controls" in a green, sans-serif font. The text is centered horizontally and vertically on the screen.

Parental Controls

Did you know?

The average person spends 4.8 hours a day on their handset.

Have you ever thought about how much of your life is spent looking at the phone? Being constantly connected to lots of services creates a lot of distractions, and is a lot for the brain to process. About nine out of 10 people in the UK now own a smartphone, And we are glued to them - one recent study found that the average person spends 4.8 hours a day on their handset.



www.schoolsmobile.com



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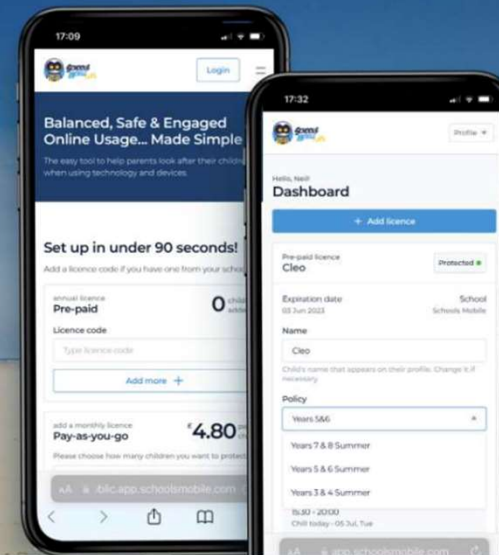
Digitised Safeguarding,
Threat Protection & Parental Controls
applied in just 90 Seconds!

BALANCED. SAFE. SIMPLE.

Schools, parents and children working together
for a better digital world.

[More Information For Schools](#)

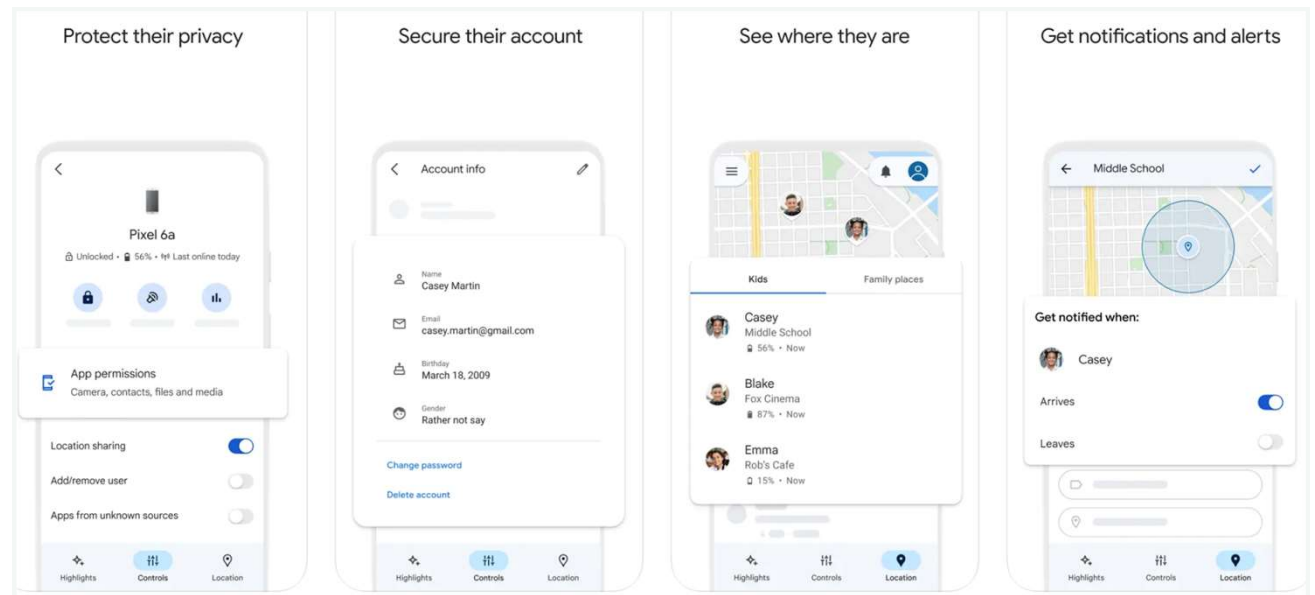
[Get started today](#)





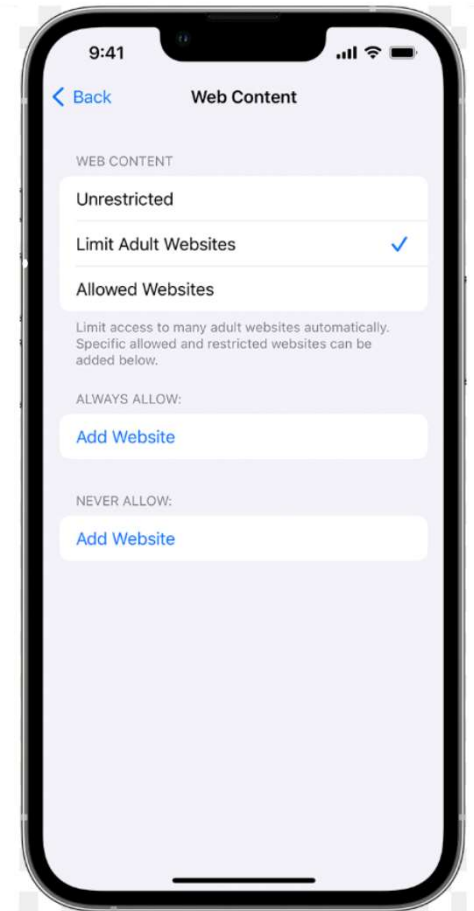
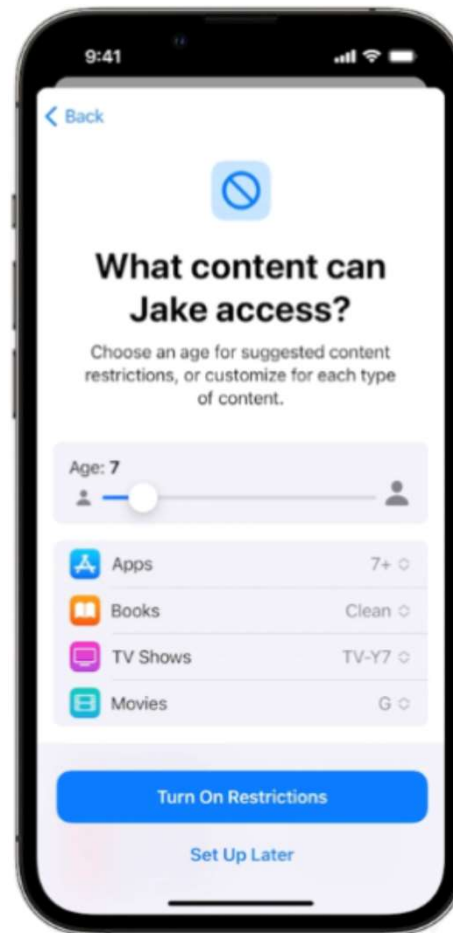
Google Family Link

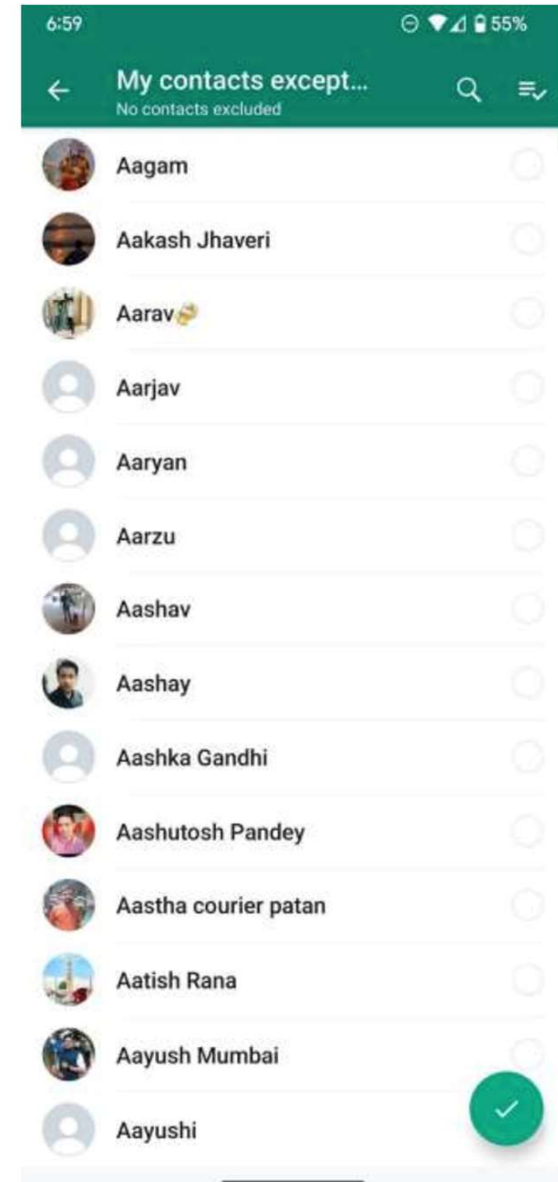
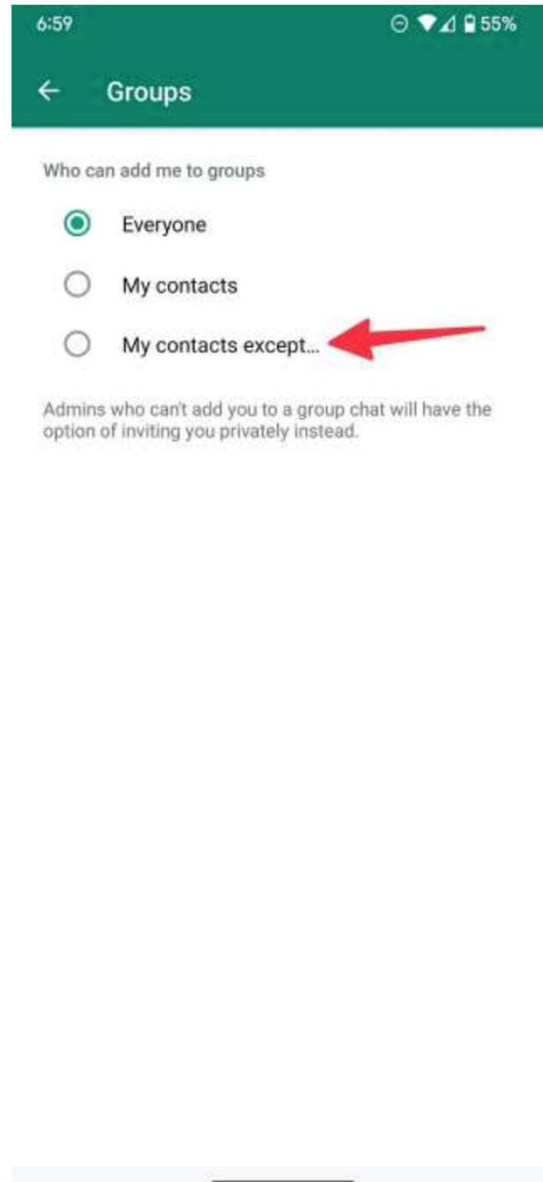
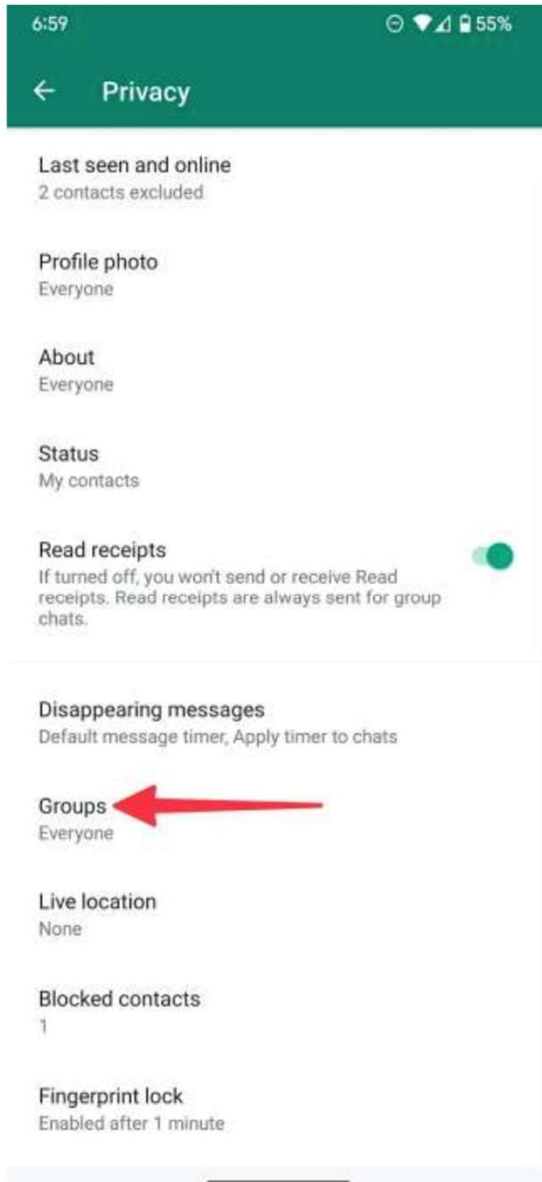
- Available on App and Android Stores.
- Monitor Screen Time.
- Manage Apps.
- Set sleep time.
- See where they are.



Apple Parental Control

- Restrict Apps
- Set time limits
- Filter web content
- Restrict the game centre.





Support for you

- You can always speak to:
 - CEOP
 - NSPCC
 - School
- Or for more general information you can visit these sites:
 - UK Safer Internet Centre (<https://www.saferinternet.org.uk/>)
 - Internet Matters (<https://www.internetmatters.org/>)
 - The Parent Zone (<https://parentzone.org.uk/home>)

Live Streaming

This part of the presentation is only suitable for over 18s and may upset some parents.

The Annual Report 2022

#BehindTheScreens

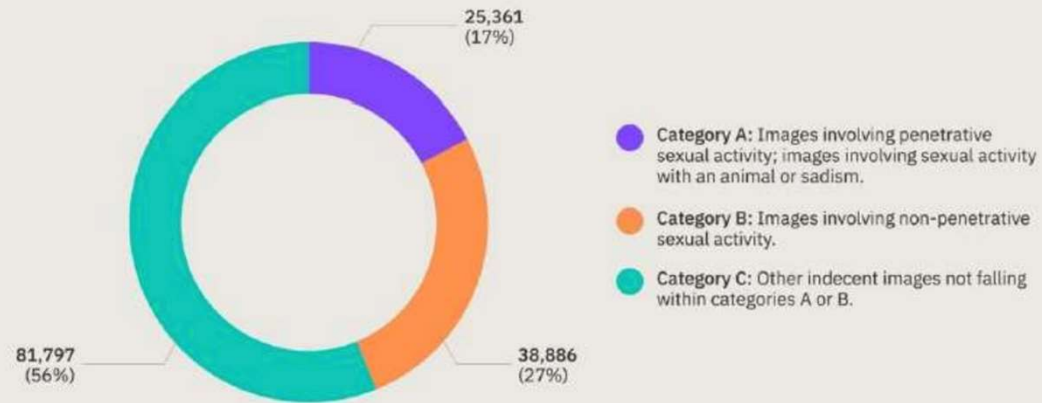
A deep dive into the digital and social emergency happening #BehindTheScreens, in children's bedrooms.

Internet Watch Foundation

Age comparison over the past three years

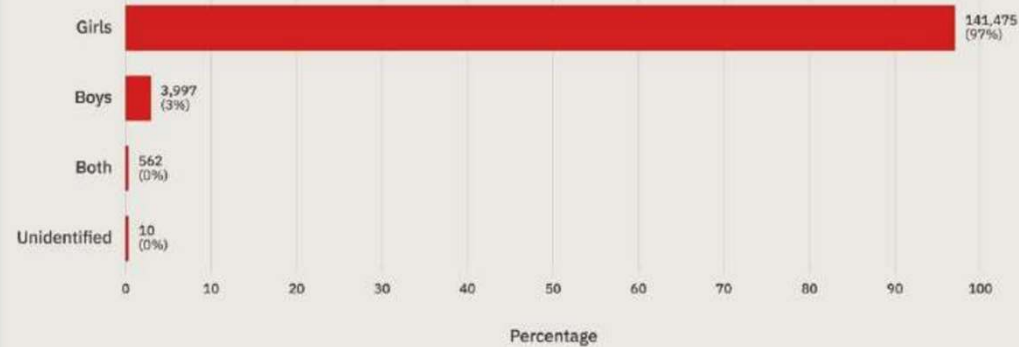


11–13 year olds – severity of abuse



Source: IWF Annual Report 2022

11–13 year olds – sex of victims



Source: IWF Annual Report 2022

Q: How old were you when someone first asked you to send them a nude or nearly nude image or video of yourself? *Among total sample*

60%

OF GIRLS

had ever been asked to share a nude

31%

OF BOYS

had ever been asked to share a nude

34%

OF GIRLS

were first asked to share a nude aged 13 or younger

9%

OF BOYS

were first asked to share a nude aged 13 or younger

BASE: Total sample: Girls n=2407; Boys n=1908. **n= number of respondents**

Q: Have any of the following happened to you? *Among those who report having shared a nude or nearly nude picture or video of themselves before*

Someone I sent a picture to showed it to others without my permission

21%

OF GIRLS

14%

OF BOYS

Someone I sent a picture to sent it to others without my permission

24%

OF GIRLS

9%

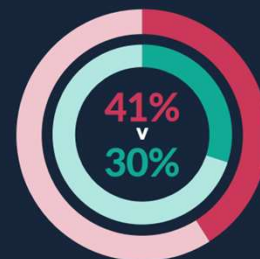
OF BOYS

Q: What are all the reasons you have sent nude or nearly nude pictures or videos before? *Among those who report having shared a nude or nearly nude picture or video of themselves before*

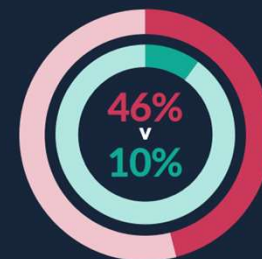
Key

■ = Girls

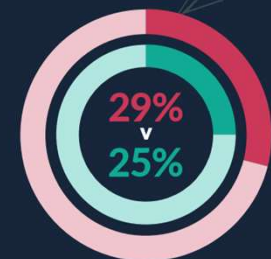
■ = Boys



I want someone to think I'm attractive



I felt pressured into it



I've wanted to impress someone

BASE: Girls n=513; Boys n=279. **n = number of respondents**

CONTACT

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Cleveland inquiry into sextortion reports targeting teenage boys

🕒 5 days ago



Increase in 'sextortion' offences reported to Wiltshire Police

2nd November

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[World](#) | [Africa](#) | [Asia](#) | [Australia](#) | [Europe](#) | [Latin America](#) | [Middle East](#) | [US & Canada](#)

FBI warns of explosion in sextortion cases targeting teenagers

🕒 20 December 2022

Report Remove

New tool for under-18s to report nude photos of themselves online

By Francesca Gillett
BBC News

🕒 22 June 2021



HOW TO GET YOUR IMAGE REMOVED

If you're under 18 and a nude image or video of you has been shared online, you can report it to be removed from the internet. You'll need to:

- Select your age and follow the steps below.
- Create a Childline account so we can send you updates on your report.
- Report your image or video to the Internet Watch Foundation (IWF)
- Check your Childline locker for a few days after your report to see if you need to add any more information and to see updates on your report.



**Nude image of you online?
We can help take it down.**

MAKE YOUR REPORT

To help you get your image removed we need to know how old you are.
Please select your age using one of the buttons below.

Under 13 years old

13-15 years old

16-17 years old

18 and over

Take It Down.

Having nudes online is scary,
but there is hope to get it taken
down.

This service is one step you can take to help remove
online nude, partially nude, or sexually explicit photos
and videos taken before you were 18.

Get Started +

