

Broad Oak PE Overview 2025-26

Year group	Autumn term		Spring term		Summer term	
EYFS	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	EYFS - FMS - Rosies Walk	EYFS - FMS - How to catch a star	EYFS - FMS - Castles	EYFS - FMS - Transport	EYFS - FMS - Hungry Caterpillar	EYFS - FMS - Seaside
	Dance - Nursery Rhymes	Dance - Circus	Dance - Toys	Dance - Jungle	Dance - Seasons	EYFS - FMS - Elmer
1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	KS1 - Y1 - FMS Overarm Throw	KS1 - Y1 - Gymnastics Activities Core Task 1	KS1 - Y1 - Baseline Unit - Lost and Found	KS1 - Y1 - FMS Underarm Throw	KS1 - FMS Kicking Unit	Dance - Under the Sea
	KS1 - FMS - Supertato	Dance - Animals	KS1 - Y1 - FMS Catching and Bouncing a ball	KS1 - Y2 - Games - Net and Wall	KS1 Y1 FMS - Tri Throff	KS1 - Y1 Athletics
2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	KS1 - Y2 FMS Bounce Ball	KS1 - Y1 - Gymnastics Activities Core Task 2	KS1 - Y2 Dance - Explorers	KS1 - Y2 - Games - Net and Wall	KS1 - Y2 - OAA The Great Outdoors	KS1 - Y2 Athletics
	KS1 - Y2 Athletics	KS1 - Y2 - Gymnastics Activities	KS1 - Y2 - Gymnastics Activities	KS1 - Y2 - Games - Striking and Fielding	KS1- Y2 Dance - Seaside	KS1 - Y2 - FMS End of KS1 Assessment
3	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Year 3/4 Health Related Fitness	Year 3/4 Target Games - Dodgeball	Year 3/4 - Net and Wall Unit Core Task 1	Year 3 Gymnastics Core Task 1	Year 3/4 Creative Games - Tag and Target	Year 3/4 Striking and Fielding - Cricket

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	Year 3/4 Invasion Games - Netball	Year 3/4 Dance - Superheros	Swimming - Phase 1	Swimming - Phase 2	Swimming - Phase 3	Swimming - Phase 4
4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Swimming - Phase 1	Swimming - Phase 2	Swimming - Phase 3	Swimming - Phase 4	Year 3/4 OAA - Team Work & Problem Solving	Year 3/4 OAA - Team Work & Problem Solving
	Year 3/4 Target Games - Dodgeball	Year 3/4 Dance - Myths and Legends	Swimming - Phase 3	Year 3/4 Invasion Games - Netball	Swimming - Phase 5	Swimming - Phase 5
5	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Year 5/6 Invasion Games - Netball	Year 5/6 Dance -	Year 5 Gymnastic Core Task 1	Year 5/6 Striking and Fielding - Cricket	Year 5/6 Net and Wall - Tennis	Year 5/6 Net and Wall - Badminton
	Swimming - Phase 1	Heroes and Villains Swimming - Phase 2	Year 5 Gymnastic Core Task 2	Year 5/6 Striking and Fielding - Rounders	Year 5/6 Net and Wall - Tennis	Year 5/6 Athletics
6	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Year 5/6 Invasion Games - Rugby 1	Year 5/6 OAA - Teamwork and Problem Solving 1	Year 6 Gymnastic Core Task 1	Year 5/6 Dance - Heroes and Villains	Year 5/6 Net and Wall - Tennis	Year 5/6 Striking and Fielding

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		Year 5/6 Athletics	Year 5/6 Invasion Games - Rugby 2	Year 5/6 Net and Wall - Badminton	Year 5/6 Striking and Fielding Games - Rounders	
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