

Personal, Social, Health and Economic Wellbeing Education (PSHE education) is a non statutory, but inspected, area of the National Curriculum.



Our Intent for our PSHE Curriculum

Personal, Social, Health and Economic (PSHE) education is a subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. PSHE gives pupils the knowledge, skills, and attributes they need to keep themselves healthy and safe and to prepare them for life and work in modern Britain.

PSHE education helps pupils to achieve their academic potential, and leave school equipped with skills they will need throughout later life. (PSHE Association).

Our Implementation for our PSHE Curriculum

Our PSHE lessons are based on the same theme for each year group and are taught using the scheme SCARF. These are:

- *Me and My Relationships - Includes feelings/emotions/conflict resolution/friendships*
- *Valuing Differences - Includes British Values focus*
- *Keeping Myself Safe - Includes aspects of safe internet use, drugs and Relationships Education*

- *Rights and Responsibilities* - Includes money/living in the wider world/environment
- *Being My Best* - Includes keeping healthy/Growth Mindset/goal setting/achievement
- *Growing and Changing* - Includes RSE-related issues

Impact Statement for PSHE Curriculum

Our PSHE curriculum empowers pupils with the essential knowledge, skills, and attributes to thrive both in and beyond the classroom. Through a consistent and thematic approach using the SCARF scheme, pupils develop a deep understanding of themselves, others, and the world around them.

The impact of our curriculum is reflected in pupils who:

- **Demonstrate emotional intelligence** through respectful relationships, effective conflict resolution, and empathy.
- **Understand and uphold British Values**, fostering a school culture of mutual respect, tolerance, and active citizenship.
- **Make safe and informed choices**, particularly around online safety, health, and relationships.
- **Show personal responsibility**, including financial awareness, environmental stewardship, and community engagement.
- **Set and achieve personal goals**, supported by a growth mindset and a strong sense of self-worth.
- **Navigate change confidently**, equipped with age-appropriate knowledge around physical and emotional development.

Weekly assemblies reinforce British Values, creating a shared language and ethos across the school. Pupil voice, teacher observations, and behaviour monitoring provide ongoing insight into the curriculum's effectiveness. Ultimately, our PSHE provision ensures pupils leave school prepared for life in modern Britain—healthy, safe, and ready to contribute positively to society.